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SERVING THE SOUTHLAND SCHOOL DISTRICT

# REBEL TALK

www.isd500.k12.mn.us

February 2007

## Agriculture class gives city sign a new look

**Members of the Southland Landscaping Class pose with the sign they recently made for a class project.**

The Southland Landscaping Class recently landscaped and replaced the old city sign on the north end of Adams. Students removed the old weathered sign, added fill to the area, placed a retaining wall around the base, and placed a new "Welcome to Adams" sign.

The students and teacher, Kevin Brown, solicited local groups for funding for the sign renovation. The city of Adams provided some funding and the Adams Legion is co-sponsoring a burger feed fundraiser along with a donation of $100 for the project. The burger feed is scheduled for Thursday Feb. 1st from 6-8 PM.

This is another example of a community service project by the agriculture department that builds community pride and ownership.

## Climb Theatre presentation

Students at Southland Middle School participated in CLIMB Theatre's A•part project on January 10, 2007. A•part is a play and follow-up classes, designed for students in grades 6-8 to help them become mutually respectful and accepting of each others' differences.

"A•part mirrors the challenges of the middle school environment," says Buffy Sedlachek, producer at CLIMB. "The play and classes address issues that are faced daily by students; issues that hang on being accepted no matter how good your grades, or what color your skin, or where your family lives, or who are your friends."

The Robins, Kaplan, Miller & Ciresi L.L.P. Foundation for Education, Public Health and Social Justice was created in October 1998 with a $30 million commitment from the Robins, Kaplan, Miller & Ciresi Law Firm. The gift was a result of fees earned from the $6.6 billion settlement in the Minnesota tobacco lawsuit. Grantmaking focuses on long-term programs that promote systems change in three areas: K-12 education, public health, and social justice. The Robins, Kaplan, Miller & Ciresi L.L.P. Foundation for Education, Public Health and Social Justice is a supporting organization of the Minneapolis Foundation.

Located in Inver Grove Heights, Minnesota, CLIMB Theatre is a nationally recognized non-profit company that has provided programming for K-12th graders for 31 years. A•part is one of the 15 different plays presented by CLIMB. Topics covered in other plays include bullying prevention, friendship, environmental protection, and methamphetamine prevention. In addition to its plays, CLIMB also provides classes on topics such as respect, conflict resolution and self-control.

Last school year, CLIMB served 360,000 students and 23,000 teachers in 1,250 schools primarily in Minnesota, but also in Wisconsin, Iowa, Illinois, Michigan, Montana, North Dakota, Nebraska, South Dakota and California. An additional 15,000 people were reached through Twin Cities Public Television's broadcast of CLIMB's programs on bullying prevention.

## Valentine's Day Semi-Formal Dance

**A Valentine's semi-formal dance will be held at the American Legion in Adams on February 10th from 9:00-12:00 PM. This dance is for all Southland students in grades 9-12. Music will be provided by Midwest Smoke from Owatonna. Pop, chips and pizza will be available.**

## Elementary student council members

Officers of the 2006-2007 Elementary Student Council are Brady Reuter, President; Max Tapp, Vice President; Taylar Schwartz, Secretary; and Max Klingerman, Treasurer.

2nd Grade Representatives are Hannah Mueller and Heather Harvey; 3rd Grade Representatives are Sidney Bendtsen and Ashlyn Reuter; 4th Grade Representatives are Corbyn Bendtsen and Haley Laack; and 5th Grade Representatives are Cory Hemingway and Raven Fett.

Advisors are Mrs. Lewis and Mr. Pittelko.

**Pictured above are the Elementary Student Council members for 2006-2007.**

# Early Childhood/Family Education
## 312 West Main Street, Adams MN 55909
## Email address: eccenter@isd500.k12.mn.us

**Early Childhood Family Education** is a program that celebrates the importance of families in the development of children from birth to kindergarten enrollment. Classes provide opportunities for parents and children to grow and learn together in a supportive atmosphere.

We recognize that parents are children's first and most important teachers. Classes are designed to provide parent and child interaction time, guided play and learning experiences for children and a parent discussion time. Children make new friends and parents have a special opportunity to share and learn from each other. Classes are offered day and evening.

### A Typical ECFE Parent & Child Class

**First**…Parent and child spend a special time together exploring a room filled with learning activities appropriate to the age of the child. These activities are designed to enhance the child's overall growth and will give parents ideas for activities to do at home.

**Then**…Parents will have time with other parents and a parent facilitator to discuss those issues relevant to the age of their child such as temperament, guidance, discipline, self-esteem, and school readiness.

**And**…Children will remain in the classroom with the early childhood teacher and have an opportunity to interact with the other children, participate in games, musical activities, a circle time, large muscle play and stories.

### WINTER SESSION PARENT/CHILD CLASSES

*Still Time to Join an ECFE Class*

Classes run one and one half hours. The first 45 minutes parents and children play together and have a group circle activity. Toys and a variety of activities are set out from which the family can select learning experiences. The last 45 minutes, parents and children divide. The children will spend time with their peers and Early Childhood teacher in activities that encourage cognitive development, sociability, sharing and developing independence. The parents will meet together for informal discussion and presentations on relevant topics for their needs.

***Monday evening** 6:15 - 7:45 p.m.
Mixed ages - 5 yrs
Feb. 5, 12, 26, Mar. 5
***Thurs** 6:15 – 7:45 p.m.
Mixed ages - 5 yrs
Feb. 1, 8, 15, Mar. 1, 8

***Friday morning** 10:00 – 11:30 a.m.
Mixed ages birth - 5 yrs
Feb. 2, 9, 16, Mar. 2, 9
Class Fees for each week remaining:
$5.00 for one child
$2.50 each additional child
Lap babies no fee

**Immunization Records** Minnesota law requires that all children attending Early Childhood Family Education programs have their immunization records or a notarized statement for exemption from immunization on file. We will keep a file copy and you may update it as necessary. **PLEASE BRING TO THE FIRST CLASS YOU ATTEND.**
**CALL TO REGISTER 582-3405 or email us at eccenter@isd500.k12.mn.us**

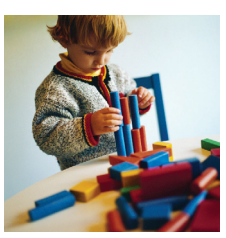
### SOUTHLAND SCHOOL READINESS PRESCHOOL

School readiness is a preschool program for all children ages 4-5 years by Sept. 1, 2006.

The Southland District provides a 2 hour 45 min. preschool experience twice a week for 30 weeks. Classes are held in the Early Childhood Center in downtown Adams.

The children's program focus is on helping to develop independence, sharing, and sociability and cognitive readiness skills in preparing for kindergarten.

There are still openings. For information on available classes and fee schedule call 582-3405.



### PLAY AND LEARN (3 – 4 YEAR OLD) PRESCHOOL
**(February - March)**

**The Southland School District offers a preschool opportunity for children 3 – 4 years old or 3 by Mar. 1st. This child only class meets once a week on either Tuesday or Thursday from 12:30 – 3:00 p.m. The class focuses on encouraging sociability, sharing and developing independence. An additional component of the class is that families attend weekly ECFE parent/child classes. There are still openings.**

**Tuesdays: Feb 6, 13, 27, Mar. 6.**
**Or**
**Thursdays: Feb 1, 8, 15, Mar. 1, 8.**

**Fee: $90.00 per child, which includes 8 weeks of Play & Learn and 8 weeks of ECFE family classes (Pro rated for remaining classes)**
**Fees due the first day of class**
**REGISTER BY CALLING 582-3405**

**In selecting an ECFE Parent/child class you have flexibility in deciding which day and time works best for your family.**

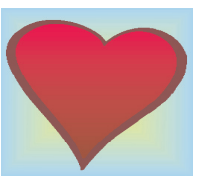
**ECFE – Class day & time options**
**Monday 6:15 – 7:45 p.m. or**
**Thursday 6:15 – 7:45 p.m. or**
Friday 10:00 – 11:30 a.m.

### ECFE WINTER PICNIC- OPEN PLAY
**FRIDAY FEB. 23rd**
**11:00 – 1:00**

Pack a picnic basket lunch and come to the Early Childhood Center for a winter picnic and make some new friends. The Center will open at 11:00 a.m. for play. Activities will be available to help release winter energy. The gym, sandbox, water-play, play centers, toys, games, painting, there is much to do.

We'll spread out picnic blankets and eat **lunch at noon**. After lunch we'll have a story time. The Center will close at 1:00 p.m.
Daycares, grandparent or any special adult are welcome to bring preschoolers to the picnic. NO FEE

### COME DANCE WITH ME!
**"Sweetheart Dance"**
**Feb. 11, 2 – 4 p.m.**
**Adams American Legion**

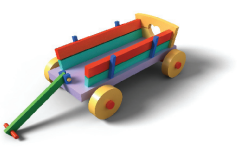


Southland Early Childhood would like to invite all Preschool children along with their parents/grandparents/siblings to come and be a part of our "Sweetheart Dance" Sunday Feb. 11 from 2 – 4 p.m. at the Adams American Legion Club on Main St. We will have hours of fun dancing with friends and family.

Refreshments will be served. Put on your party clothes and come and join in the fun! There is no charge.

### SOUTHLAND EARLY CHILDHOOD HAMBURGER NIGHT
**Thursday Feb. 8**
**Adams American Legion**
**Serving 6 – 8:30 p.m.**
Come and eat out and support the Early Childhood programs!

### EQUIPMENT & TOY LENDING LIBRARY FOR GRANDPARENTS



We have a variety of toys and equipment needed when those grandkids come to visit. We have a high chair, booster seats, portable cribs, excersaucers, plus toys and games. Stop in and check it out or give us a call. There is no fee for this service. We are located in the Early Childhood Center 312 W. Main, Adams 582-3405.

### DAD 'N ME WOOD WORKING
**Tuesday, February 20th 6:30 p.m.**
**Early Childhood Center - Adams**

This is for preschooler and dad or special adult. Dads & children will make a small bookrack. Bring a hammer and drill (we will be using Phillips wood screws). It will be personalized with paint. Be sure to wear old clothes. **Please register by Feb. 14th** Call 582-3405 or email **eccenter@isd500.k12.mn.us** **Cost: $6.00**

**To Register for any Early Childhood Event or Class Call 582-3405 or email** us at eccenter@isd500.k12.mn.us. We need child's name & age, parent's name and telephone number and class you wish to sign up for. The Early Childhood Center is located on Main Street next to Schmitz Electric.

# Southland Early Childhood February 2007

| Mon | Tue | Wed | Thu | Fri |
|---|---|---|---|---|
| SR = School Readiness<br>ECSE = Early Childhood Special Education | ECFE = Early Childhood Family Education | | 1<br>SR & ECSE 8:15-11:00<br>Play & Learn 3-4 yrs.<br>12:30 – 3:00 p.m.<br>**ECFE** 6:15 – 7:45 p.m. | 2<br>**ECFE** 10:00 – 11:30 p.m. |
| 5<br>SR & ECSE 8:15-11:00<br>SR 12:15-3:00<br>**ECFE** 6:15 – 7:45 p.m. | 6<br>SR & ECSE 8:15-11:00<br>Play & Learn 3-4 yrs.<br>12:30-3:00 p.m. | 7<br>SR & ECSE 8:15-11:00<br>SR 12:15-3:00 | 8<br>SR & ECSE 8:15-11:00<br>Play & Learn 3-4 yrs.<br>12:30 – 3:00 p.m.<br>**ECFE** 6:15 – 7:45 p.m.<br>**Hamburger Night** -@<br>Adams Legion 6-8:30 p.m. | 9<br>ECFE 10:00 – 11:30 p.m. |
| **Sunday 11th *Dance**<br>Monday 12<br>SR & ECSE 8:15-11:00<br>SR 12:15-3:00<br>**ECFE** 6:15 – 7:45 p.m. | 13<br>SR & ECSE 8:15-11:00<br>Play & Learn 3-4 yrs.<br>12:30-3:00 p.m. | 14<br>SR & ECSE 8:15-11:00<br>SR 12:15-3:00 | 15<br>SR & ECSE 8:15-11:00<br>Play & Learn 3-4 yrs.<br>12:30 – 3:00 p.m.<br>**ECFE** 6:15 – 7:45 p.m. | 16<br>ECFE 10:00 – 11:30 p.m. |
| 19<br>No School<br>PRESIDENT'S DAY | 20<br>School Readiness<br>Parent/Teacher Conferences<br>**Dad 'N Me Wood Working**<br>**6:30 p.m. Pre Register!** | 21<br>School Readiness<br>Parent/Teacher Conferences | 22<br>School Readiness<br>Parent/Teacher Conferences | 23<br>**ECFE WINTER PICINIC**<br>**OPEN PLAY**<br>**11:00 – 1:00 p.m.**<br>**NO FEE** |
| 26<br>SR & ECSE 8:15-11:00<br>SR 12:15-3:00<br>**ECFE** 6:15 – 7:45 p.m. | 27<br>SR & ECSE 8:15-11:00<br>Play & Learn 3-4 yrs.<br>12:30-3:00 p.m. | 28<br>SR & ECSE 8:15-11:00<br>SR 12:15-3:00 | Mar. 1<br>SR & ECSE 8:15-11:00<br>Play & Learn 3-4 yrs.<br>12:30 – 3:00 p.m.<br>**ECFE** 6:15 – 7:45 p.m. | Mar. 2<br>ECFE 10:00 – 11:30 p.m. |

**"SWEET HEART DANCE" SUNDAY FEB. 11th 2-4 p.m. Adams Am. Legion**

## There is no lack of snow at early childhood

**ECFE classes built snowpeople during parent/child time. Pictured is the Friday morning class with their snowfriends.**

# Community Education

## Who decides what community ed courses will be offered?

You do. From phone calls, evaluation forms, and surveys, you tell us what courses you want, and we listen. Then we do the work to find the appropriate personnel to bring you the information you want.

We are always looking for individuals who would like to share their hobbies, talents, and skills by teaching a community education class. Most instructors are not professional teachers. They are community people like you, who enjoy being with people and sharing their talents. Instructors are paid.

## Who takes community ed classes?

People just like you. People who are in search of life enrichment and want to meet interesting people. People who are striving for personal and professional growth take community ed classes. The classes are designed with the idea that learning is life-long and doesn't necessarily happen within four walls of a school. They are also a fun and a great way to meet new people.

## Why are classes often in the schools?

The community ed program is the part of the school district designed to link the schools and community. Because the school buildings belong to you - the public- we like to give you every opportunity to get into the classrooms and do some learning yourself. With that in mind, we invite you to attend any of the community ed classes that interest you. Sit back and read the schedule and call today for a class that interests you.

## Attention Card Players!

Come to the Monday Afternoon Card Party. Get together to play Bridge, 500, Hand and Foot, Cribbage, or anything your group chooses. Bring your friends or come alone for an afternoon of fun and socializing. We can meet every Monday to play cards or games during these long winter months. No excuses! Get out and have some fun! If you need to coordinate a ride, call Cathy 582-3639. This is a great opportunity to get together and socialize without having to entertain in your own home. We can make these Mondays fit the needs of all attendees so make your wishes known!

When: Monday Afternoons – 1:30 to 4:30
Where: Adams Fire Hall
Fee: None
Coordinator: Donald Larson or Cathy Sumner
**Register: Not necessary – Just come and join in the fun!**

## Fitness Class

Beat the Winter Blues! Fitness classes are a great way to Beat the Winter Blues for both men and women. This is a fun way to pump up that heart rate, build some muscle and just plain have a good time! Remember, participants with Blue Cross Blue Shield Insurance may qualify for additional reimbursements!

When: Mondays & Wednesdays – 6:30 pm
February 12 – March 21
Where: Keepin' the Pace
Fee: $35 for non-members – Free to Members
Instructor: Mary Maiers
**Register: Call Debbie Retterath (438-1681) or Bette Schmitz (582-3192/438-1137) or just come to class. Make checks payable to Keepin' the Pace.**

## Hall-Walking

Now that the weather is cold outside, come to the school to walk the halls in comfort with a friend to keep up with the latest news in the community.

When: School Day Mornings – 6:00-7:30 am
Where: Southland Middle/High School
Fee: Free – you get all the benefit of a great morning walk
Instructor: None – you are on your own to walk as fast or as slow as you want
**Register: Not necessary! Come whenever you can!**

## Mel Tillis and Lee Greenwood in Concert – Register Soon!

Country Legend Mel Tillis has recorded 36 Top Ten singles with nine of them going to #1 – "Good Woman Blues" and "Coca Cola Cowboy" to name a couple. He has also written hits for other artists such as Kenny Rogers and Ricky Skaggs. Lee Greenwood is also a talented singer and songwriter recently known for his patriotic anthem of "God Bless the USA". They both perform regularly in Branson, MO. Reservations are made at The Hangar for dinner after the concert before heading home.

When: March 24 – 3:00 pm concert
Where: Mayo Civic Center – Taylor Arena
Fee: $55 – Ticket and school bus transportation – Dinner prices vary
**Register by February 21, 2007 with form below:**

**Mel Tillis and Lee Greenwood Concert registration:**
**Name: _____ Phone: _____**
**Pickup Point: Rose Creek 1:30___ Adams 1:45__Windmill 2:00__**
**Include payment with this registration form to the Southland High School. Checks made out to: Southland Community Ed**

## "Rippin'-Stitchers" Quilting

Join in an informal evening of quilting and learning. Bring a project to work on and a sewing machine if necessary. For beginners to advanced quilters.

When: 2nd Tuesdays through May – 5:30-8:30pm
Where: Southland High School FACS Room
Fee: None
Instructor: Marjie Bartholmew coordinates, knowledge shared by all attending
**Register: Not necessary – Just come whenever you can join in!**

## Scrapbooking/Craft Nights

If you have things to work on and would like a time with little interruption, come join us. This is for beginners to advanced scrappers. Just bring the things you want to work on and we will provide the space. Bring a dish to pass and your own beverage.

When: Fridays, January 19, February 2, March 2 – 6pm to midnight
Where: Southland Elementary School Gym
Fee: $5 (money goes towards craft projects in the school)
Instructors: Julie Hendrikson (433-3604) and Lyn Meany (433-0075)
**Register: Not necessary – Just join in whenever you can!**

## Taekwondo – February Class

Study the basics of one of the oldest and best martial arts forms. These classes focus on basic self-defense, flexibility and balance. Participants learn problem-solving, build self-esteem and gain self-confidence while having fun!

When: Mondays & Wednesdays, February 5 – February 28
6:30-7:30 – Students 6 to 12 years old
7:30-8:30 – Adults 13 and older
Where: Rose Creek Gym
Fee: $30 Students, $40 Adults
Instructor: Greg Mullenbach
**Register with form below before February 2nd:**

**Taekwondo February Registration:**
**Name: _____ Phone: _____**
**Age: _____ (not necessary for 18 and older)**
**Parent Name & Signature: _____**
**Include payment to Southland Community Ed and registration form to any school office.**

## Taekwondo – March Class

When: Mondays & Wednesdays, March 5 – March 28
6:30-7:30 – Students 6 to 12 years old
7:30-8:30 – Adults 13 and older
Where: Rose Creek Gym
Fee: $30 Students, $40 Adults
Instructor: Greg Mullenbach
**Register with form below before March 2nd:**

**Taekwondo March Registration:**
**Name: _____ Phone: _____**
**Age: _____ (not necessary for 18 and older)**
**Parent Name & Signature: _____**
**Include payment to Southland Community Ed and registration form to any school office.**

## Presidents' Day Skiing/Snowboarding/Tubing Trip

Please watch for fliers at school to sign up for a day of fun in the snow for the whole family on February 19! Call Cathy Sumner (582-3639 or cell 440-5068) or the school (582-3568 #2) for more information on this trip.

## Women's Self-Defense Class

This class is strictly for women to learn Rape Aggression Defense (RAD). Have you ever worried about your safety going to your car in a parking ramp or walking into an unfamiliar area? Learn how to protect yourself. Special 2 for 1 rate for mother and daughter. This would be great training for your daughter going off to college or to work away from home.

When: Sunday evenings – 6:30-8:45 pm – 4 Sessions
Where: Southland Elementary Gym – Rose Creek
Instructor: Stephanie Yerhot

**This class will start sometime in April so watch the next Rebel Talk for final information. You can call Cathy Sumner (582-3639 or cell 440-5068) or the school office (582-3568 #2) to let us know you are interested in taking this class. This class will be limited to 15 students!**

**Name: _____ Phone: _____**
**_____ (daughter, if combo rate)**
**Include payment to Southland Community Ed with registration form.**

## AARP – 55 Alive Classes

Classes are planned for April 16 & 17 for the 8-hour course and April 23 for the 4-hour refresher course. Please put these dates on your calendar and watch for more information next month!

## Juggling & Yoga Class – Youth and Adult

Never juggled before? Or have tried but couldn't get it? No problem because this class is designed to teach adults of ALL ages who have little or no juggling experience! Juggling provides kids and adults with many benefits, including physical fitness, concentration, meditative bonuses like relaxation and stress reduction, and other brain function improvements. We will be learning 25 juggling skills throughout this class.

Also included in the juggling class will be 30 minutes of yoga stretching. Yoga is a great mind/body exercise that improves flexibility and mobility, along with improved mental focus and relaxation. The cost of 10 sessions is $20.00. You may purchase a yoga mat for $10.00 and a set of 3 juggling beanbag balls for $6.00. These will be distributed the first day of class and will be yours to keep. Please include equipment fees with your registration fee to insure enough materials for class. Also, please wear loose-fitting active wear to class.

Special note: This class will be held with the 9th grade phy. ed. class. Community members are welcome and encouraged to attend! Take the class and teach your grandkids how to juggle and enjoy your improved mobility!

When: Tuesday afternoons February 20-April 24 – 10 Sessions
2:00-3:00 pm (adults begin before students arrive)
Where: Southland Auditorium (old gym) – enter north or south gym doors
Fee: $10 + equipment needed
Instructor: Greg Storey

**Register with form below by Friday, February 9:**

**Juggling & Yoga Class**

**Name _____ Phone _____**
**$10 Fee _____ $10 Yoga Mat _____ $6 Beanbag balls _____**

**Make checks payable to Southland Community Ed. with registration to high school office by February 9.**

## December
## High School Students of the Month

**High school students of the month for December are Nate Oxley, senior; Paige Fasbender, freshman; Chelsea Miller, junior; and Matt Schroeder, sophomore.**

## December
## Middle School Students of the Month

**Middle school students of the month for December are Shane Webber, 8th Grade; Celina Yunker, 7th Grade; and Laura Meany, 6th Grade.**

## School district report now online

The Southland School District 500's Annual Report on Curriculum, Instruction, and Student Achievement is now available through the district web site, which is located at www.isd500.k12.mn.us. A hard copy of the report is available upon request at the superintendent's office.

## What would YOU like to learn about or do for a fun activity?

Join in the Community Education events for fun times with friends and families. We want YOU! Participation is the key to our success. If you would like to teach a class or suggest a class you would like to participate in, contact any Advisory Committee member listed below or Cathy Sumner by phone at 582-3639 or 440-5068 or email at cdsumner Thanks to those of you who have contacted us about ideas. Keep them coming! We're working to make your dreams come true.

**Advisory Committee**

| | | |
|---|---|---|
| Dawn Gilles | Rose Creek | 437-6451 |
| Don Larson | Adams | 582-3610 |
| Georgia Jech | Elkton | 584-6753 |
| Julie Hendrikson | Rose Creek | 433-3604 |
| Barb Kloeckner | Adams | 582-7818 |
| Linda Howton | Rose Creek | 437-3066 |
| Lea Ann Gilbert | Dexter | 584-6463 |
| | **Early Childhood/Family Education** | |
| Nancy Dvergsten | Adams | 582-1328 |
| | **School Board Representative** | |
| Mike Smith | Adams | 582-7826 |
| | **Community Education Coordinator** | |
| Cathy Sumner | Adams | 582-3639 |

## November
## Middle School Students of the Month

**Middle school students of the month for November are Morgan Mortenson, 6th Grade; Kelsey Poshusta, 7th Grade; and Renae Mullenbach, 8th Grade.**

## Cody Kirkpatrick named KAUS Radio's Athlete of the Week

Cody Kirkpatrick received the Athlete of the Week Award from KAUS Radio the week of the Rebel Holiday Classic which the Rebels won for the first time in school history.

**Cody Kirkpatrick**

The Rebels played Hope Lutheran the first game and won 86-20, then beat Carlton, a team from near Duluth, 70-55 and in the championship game the Rebels beat Triton, 64-38.

For the tournament, Cody scored a total of 58 points, had 26 rebounds, 8 steals and 9 assists. Cody demonstrated great senior leadership during the tournament and got his whole team involved in all the games.

Carlton head coach Jim Kool made the comment, "Cody is one of the best players I have seen in a long time. He was fun to watch."

Coach Thalberg said, "Cody has done a nice job all season keeping his whole team involved in the games and has done a very nice job playing within himself and not trying to do too much. Cody has done a great job of developing his all around game and along with his teammates has turned this program into an outstanding team."

PRESIDENTS' DAY
FEBRUARY 19TH
NO SCHOOL

# Elementary Breakfast February 2007

| Mon | Tue | Wed | Thu | Fri |
|---|---|---|---|---|
| | | | 1<br>Cereal<br>Toast<br>Fruit<br>milk | 2<br>French toast sticks<br>Sausage<br>Fruit<br>milk |
| 5<br>Egg<br>Sausage<br>Toast<br>Fruit<br>milk | 6<br>Breakfast bagel<br>Yogurt<br>Fruit<br>milk | 7<br>Cereal<br>Toast<br>Fruit<br>milk | 8<br>Breakfast bites<br>Omelet<br>Fruit<br>milk | 9<br>Cereal<br>Toast<br>Fruit<br>milk |
| 12<br>Muffin<br>Yogurt<br>Fruit<br>milk | 13<br>Cereal or oatmeal<br>Toast<br>Fruit<br>milk | 14<br>Lil' bites<br>Egg<br>Fruit<br>milk | 15<br>Cereal<br>English muffin<br>Fruit<br>milk | 16<br>Breakfast pizza<br>Fruit<br>milk |
| 19<br>Cereal<br>Toast<br>Fruit<br>milk | 20<br>Egg-n-biscuit sandwich<br>Fruit<br>milk | 21<br>Cereal<br>Toast<br>Fruit<br>milk | 22<br>Pancakes<br>Egg<br>Bacon<br>Fruit<br>milk | 23<br>Cereal<br>Muffin<br>Fruit<br>milk |
| 26<br>Breakfast bar<br>Sausage<br>Fruit<br>milk | 27<br>Cereal<br>Toast<br>Fruit<br>milk | 28<br>Muffin<br>Yogurt<br>Fruit<br>milk | Mar. 1<br>Cereal<br>Toast<br>Fruit<br>milk | Mar. 2<br>Breakfast bagel<br>Omelet<br>Fruit<br>milk |

# Elementary Lunch February 2007

| Mon | Tue | Wed | Thu | Fri |
|---|---|---|---|---|
| | | | 1<br>Salisbury steak<br>Mashed potatoes<br>Cooked carrots<br>Pears<br>bar | 2<br>Egg-n-biscuit sandwich<br>Green beans<br>Peaches<br>pudding |
| 5<br>Beef fingers<br>Rice-a-roni<br>Peas<br>Tropical fruit<br>bar | 6<br>Beef stew<br>Cheese sandwich<br>Carrots & dip<br>Peaches & pears<br>cookie | 7<br>Chicken fantasticks<br>Green beans<br>Banana<br>PB sandwich<br>cake | 8<br>Shredded pork / bun<br>Cole slaw or corn<br>Applesauce<br>Cookies & cream | 9<br>Mini corn dogs<br>Scalloped potatoes<br>Apple slices<br>brownie |
| 12<br>Hamburger gravy<br>Mashed potatoes<br>Corn<br>Kiwi or pears<br>bar | 13<br>Chicken nuggets<br>Broccoli or beans<br>Mixed fruit<br>Jelly sandwich<br>cookie | 14<br>Lasagna hotdish<br>Lettuce salad<br>Strawberries or applesauce<br>Garlic bread<br>parfait | 15<br>Sloppy Joe / bun<br>French fries<br>Pears<br>cake | !/2 day 16<br>Pizza<br>Green beans<br>Peaches<br>Cottage cheese<br>treat |
| 19<br>No School<br>PRESIDENT'S DAY | 20<br>Chicken burrito<br>Lettuce salad<br>Grapes or oranges<br>cake | Ash Wednesday 21<br>Fish sandwich<br>Cole slaw or beans<br>Apple slices<br>cookie | 22<br>Oven chicken<br>Garlic mashed potatoes<br>Corn<br>Peaches<br>pudding | 23<br>Tuna noodle hotdish<br>Peas<br>Pears<br>bar |
| 26<br>Cheeseburger / bun<br>Tater tots<br>Orange / pineapple<br>cookie | 27<br>Beef nachos<br>Green beans or lettuce<br>Pears<br>bar | 28<br>Hot turkey sandwich / gravy<br>Corn<br>Peaches<br>cake | Mar. 1<br>French toast<br>Egg<br>Sausage<br>Banana<br>OJ<br>pudding | Mar. 2<br>Tomato soup<br>Grilled cheese<br>Carrots / dip<br>Oranges or kiwi<br>bar |

# Middle/High School Breakfast — February 2007

| Mon | Tue | Wed | Thu | Fri |
|---|---|---|---|---|
| | | | 1<br>French toast<br>Sausage<br>Juice<br>Milk | 2<br>Breakfast pizza<br>Juice<br>Milk |
| 5<br>Breakfast Bite<br>Juice<br>Milk | 6<br>Egg Patty<br>Sausage<br>Juice<br>Milk | 7<br>Breakfast Bagel<br>Juice<br>Milk | 8<br>Scrambled eggs<br>Sausage<br>Juice<br>Milk | 9<br>Waffles<br>Sausage<br>Juice<br>Milk |
| 12<br>French toast<br>Sausage<br>Juice<br>Milk | 13<br>Breakfast Bagel<br>Juice<br>Milk | 14<br>Scrambled eggs<br>Sausage<br>Juice<br>Milk | 15<br>Breakfast Bite<br>Juice<br>Milk | 16<br>Breakfast Pizza<br>Juice<br>Milk |
| 19<br>NO SCHOOL<br>PRESIDENT'S DAY | 20<br>Waffles<br>Sausage<br>Juice<br>Milk | 21<br>Egg patty<br>Sausage<br>Juice<br>Milk | 22<br>Breakfast Bagel<br>Juice<br>Milk | 23<br>French toast<br>Sausage<br>Juice<br>Milk |
| 26<br>Scrambled eggs<br>Sausage<br>Juice<br>Milk | 27<br>Breakfast Bite<br>Juice<br>Milk | 28<br>Breakfast Pizza<br>Juice<br>Milk | Mar. 1<br>French Toast<br>Sausage<br>Juice<br>Milk | Mar. 2<br>Egg Patty<br>Sausage<br>Juice<br>Milk |

# Middle/High School Lunch — February 2007

| Mon | Tue | Wed | Thu | Fri |
|---|---|---|---|---|
| | | | 1<br>Chicken fajitas<br>Tater tots<br>Peas<br>Applesauce | 2<br>Pizza<br>Corn<br>Sandwich<br>Peaches |
| 5<br>Chicken patty/bun<br>Wedges<br>Green beans<br>Pears | 6<br>Chili<br>Corn<br>Sandwich<br>Cornbread<br>Peaches | 7<br>Salisbury Steak<br>Mashed Potatoes<br>Peas<br>Sandwich<br>Applesauce | 8<br>Sloppy joes<br>Tater tots<br>Cooked carrots<br>Fruit fluff | 9<br>Corn dog<br>Cosmic fries<br>Green beans<br>Pineapple |
| 12<br>Hot dog/Bun<br>Potato salad<br>Baked Beans<br>Pears | 13<br>Chicken alfredo<br>Green beans<br>Sandwich<br>Applesauce | 14<br>Sub Sandwich<br>Potato chips<br>Corn<br>Pineapple/oranges | 15<br>Tomato soup<br>Grilled cheese<br>Peas<br>Peaches | !/2 day 16<br>BBQ chicken sandwich<br>Cosmic fries<br>Cooked carrots<br>Mixed fruit |
| 19<br>No School<br>PRESIDENT'S DAY | 20<br>Taco salad<br>Lettuce/cheese<br>Salsa/sour cream<br>Pears | 21<br>Fish sandwich<br>Tater tots<br>Green beans<br>Applesauce | 22<br>Chicken strips<br>Cosmic fries<br>Peas<br>Fruit fluff | 23<br>Cheese Pizza<br>Corn<br>Sandwich<br>Peaches |
| 26<br>Hamburger/bun<br>Cosmic fries<br>Peas<br>Pineapple/oranges | 27<br>Italian dunkers<br>Green beans<br>Peaches | 28<br>Turkey Gravy/biscuits<br>Corn<br>Sandwich<br>Pears | Mar. 1<br>Scalloped potatoes/Ham<br>Cooked Carrots<br>Sandwich<br>Applesauce | Mar. 2<br>Tomato Soup<br>Grilled cheese<br>Green beans<br>Mixed fruit |

# From the Counselor…..Mrs. Schmit

**BASIC STANDARD TESTING THIS MONTH!**

Any students in Grades 10-12 who have not passed these tests are required to take them. Passing scores are required by the State of Minnesota before diplomas can be issued.

| | |
|---|---|
| **Tuesday, February 6** | **Math Test** |
| **Wednesday, February 7** | **Math Make-up** |
| **Thursday, February 8** | **Reading Test** |
| **Friday, February 9** | **Reading Make-up** |

It is extremely important that students are in school on the day of the test. Students should come to school on test days:

- Well rested
- After having a good breakfast
- With sharp pencils
- With confidence and determination to do their best!

**FRESHMEN**

By now you have seen your 1st semester grades. Did you do as well as you had hoped? If not, that's ok. Now you know what is expected and you can do better second semester. If you happened to fail a required class, you need to register to retake it in summer school or next year. Then make sure you're here and studying hard!

**SOPHOMORES**

You're lucky to have P.E. all year! It'll help you stay physically active – especially now during the winter months when it's sometimes too cold to get outside. In addition to P.E., try to find an activity you enjoy to keep yourself healthy and fit until the weather warms up enough for you to get back outside. And remember that P.E. and Health are required courses and need to be passed in order to graduate so do your best now so you don't have to make it up later!

**JUNIORS**

If you haven't taken the ACT yet, plan to do so in April. Registration packets are in the Counseling Office. Please understand that you are responsible for completing the registration form and mailing it into ACT with a check of $29 (or $43 if you are planning to take the optional Writing Test). **Read the directions carefully** and plan to spend approximately 45 minutes completing the registration. Everything you need to know is in the instruction booklet included in the envelope. If you have questions, see Mrs. Schmit. She will be happy to help you. The postmark deadline for the April 14th test is March 9. You can also register online at www.actstudent.org

**SENIORS**

If you haven't applied for college yet, NOW is the time! Riverland Community College and Rochester Community Technical College will be having next year's freshmen registering this spring for next fall's classes. Most college applications can be found online but they are also located in the file drawers in the Career Corner of the Media Center. Once the application has been completed, attach the application fee (if required) and leave it with Mrs. Schmit. She will attach your transcript to the application and mail it for you. If you apply on line, print out the transcript request page and turn it into Mrs. Schmit.

Those seniors who have been accepted and have committed to attend a specific college, please let Mrs. Schmit know. Any seniors who are still uncertain should schedule an appointment with Mrs. Schmit ASAP to discuss their options!

**January Reminders:**

22 Financial Aid Night, 7:00 pm, Media Center
23 BST/MCA Written Composition, Grade 10 & Grade 11-12 retakes
30 BST/MCA Written Composition, Grade 10 -12 make-up

**February Dates to Remember:**

6 BST Math, Grade 10-12 retakes only
7 BST Math Make-up
8 BST Reading, Grade 10-12 retakes only
9 BST Reading Make-up
10 ACT Test

**Coming up in March….**

9 Registration deadline for the April 14 ACT Test

***FEBRUARY 5-9 IS NATIONAL SCHOOL COUNSELOR WEEK***

**What is Guidance and Counseling?**

Guidance and counseling is an integral part of each school's total educational program. It is a comprehensive program that includes sequential activities kindergarten through grade 12, organized and implemented by certified school counselors with active involvement and support of parents, students, teachers, and administrators.

The program is designed to address the needs of all students by helping them to acquire competencies in career planning and exploration, knowledge or self and others, and educational and vocational development.

**What do School Counselors Do?**

High school counselors work with students in acquiring guidance competencies that form the foundation for their next steps educationally and occupationally. They assist students to develop realistic education and career plans based on a clear understanding of themselves, their needs, interests, skills, and the realities and possibilities of the worlds of education and work.

School counselors foster excellence by helping all students to achieve their potential. They promote excellence through their work in four program areas:

- Classroom presentations and large-group activities such as career days and college nights to help students learn coping skills, career planning and decision-making skills, and to plan for the future.
- Individual student planning for academic and career success through the development of short-term and long-range education and career plans
- Individual and small group counseling, consultation, and referral, related to helping students with personal goals and concerns, and with educational progress.
- Management activities to support the guidance program and other school programs.

**How Can Parents Help?**

Active parental involvement in the activities of the guidance and counseling program is essential if students are to make informed choices. Parents can assist by encouraging their children to do their best in school and part-time jobs and by providing assurance that school subjects selected are tied to career choices. Parents are invited to contact their children's school counselor with any concerns, ideas, and requests for assistance.

Source: American School Counselor Association, www.schoolcounselor.org.

Sarah Schmit
M.S. Licensed School Counselor
Southland High School
Phone: 507.582.3568
Email: sschmit@isd500.k12.mn.us

# FCCLA activities and events

## Meetings

An FCCLA meeting was held Friday, January 12th. STARR events were discussed. The next meeting will be held February 5th at 11:30 for the middle school students and 12:00 for the high school students. Students will get a lunch from the lunchroom and bring it into Mrs. Knoebel's room #10.

## Chanhassen

FCCLA and Choir members plan to travel to the Chanhassen Dinner Theatre on January 24, 2007, to see the production, "Grease".

## Rap Group

Some of the FCCLA members have started on their STARR projects. One STARR project group is bringing in a rap singing group to teach about discrimination and groups of people not being understood by society. The group AR 15 will be in the auditorium seventh hour for high school students and eighth hour for middle school students on Tuesday, February 27.

## Cookbooks for Sale

**Need a gift for someone?** Southland cookbooks may be purchased for $12.00 from any FCCLA member. Members will show you an official red and white selling cookbook badge.

Please make checks for the cookbooks out to ***Southland FCCLA Cookbook Fund***. The students will bring the check in and Mrs. Knoebel will give them a cookbook to be delivered to you. You can also call Mrs. Knoebel at 437-8391 and leave a message or leave a check and order in her school mailbox.

# Elementary Cheer Clinic

**Southland Elementary students, grades 2-5, participated in a cheer clinic on January 13th. Teachers for the clinic were the boys basketball cheerleaders and wrestling cheerleaders. The participants learned basketball and wrestling cheers, a routine and a stunt. They performed at a boys varsity basketball game on January 18 and a wrestling meet on January 25th.**

## Sixth grade boys travelers basketball team places first

The Southland Sixth Grade Boys Travelers Basketball team took 1st place at the Byron 6th Grade Boys Basketball Tournament on Saturday, January 6, 2007. Southland beat Hayfield 30-16 and Byron Black 36-24. In the Championship game, they beat Faribault BA by the score of 31-25.

The team won also 1st place at the Blue Earth 6th Grade Boys Tournament on Saturday, January 13, 2007. They beat Waseca 36-18 in the first game. In the second game, they beat Blue Earth 37-30 in overtime. In the championship game, they defeated a tough Fairmont team 26-21.

Sixth Grade Boys Travelers Basketball Team Members are pictured above. Front row: Ben Himebaugh, Chris Wolff, Cole Shulze, Travis Oudekirk, Coty Kirtz, Lee DeHoogh. Back row: Coach Dean Bendtsen, Marcus Johnson, Mike Goergen, Decker Bendtsen, Nick Schmitz, Sam Klaehn, Michael Fasbender, and Coach Jack Klaehn. Not pictured: Travis Bruggeman and Buzz Peterson.

## Sixth grade students learn about atoms in general science classes

**The sixth grade general science classes are learning about atoms. They studied about different elements and then made atom models of the elements and presented their findings to the class. One of the more unique atom models was of copper where pennies were used as the electrons.**

## February Program at Southland Elementary

**Second and fourth grade students will present a musical program on February 14th at 10:30 AM. They will be celebrating two special days, Valentine's Day and Presidents' Day.**

## Slipping sleep routines

According to the National Sleep Foundation, the majority of young children get far less sleep than the recommended 9 – 11 hours for preschool-age children. With busy schedules and lack of predictable routines, kids are on the road to being as chronically sleep-deprived as their parents.

It's important to note that lack of sleep affects children differently than it does adults and has many negative consequences, including learning and attention problems in school, increased susceptibility to illness, and a tendency to be accident-prone.

You can help your child get more sleep by creating and sticking to a regular bedtime schedule and eliminating stimulating pre-bed activities, such as watching TV or playing games on the computer.

Be aware of these sleep-deprivation warning signs:

*your child has difficulty staying awake in the afternoon

*he routinely falls asleep, even on short car rides

*you have to prod him awake every morning

*quoted from Scholastic Parent & Child Feb/Mar 2006

## Southland students attend Dorian Festival

**Southland Choir Students Rose Hammermeister, Jessica Wilburding and Rebecca Rubin attended the Dorian Vocal Festival held at Luther College, Decorah, IA, Janueary 7th and 8th. They joined students from five states combining to sing in the 1330 voice choir. They were accompanied by their high school choir director, Jane Orvik.**

## Spring sports practices begin in March

Spring sports practice will begin in March. Softball, track and golf begin on March 12th, while baseball begins on March 19th. Make sure that papers and fees are turned in by the first practice. Fees for students in grades 9-12 are $75.00. Fees for grades 7 and 8 are $.

## Junior knowledge bowl competes

The junior knowledge bowl team competed at subregionals on January 9th and placed 5th out of the nine teams there. In their tier, they placed 9th out of 28 teams. Nine teams from each tier advance to regionals, so they will advance. The team will compete on Monday, January 22nd in Rochester. Regionals is the highest level of competition for junior knowledge bowl.

## PTO fundraiser: My Home Town Helper

The PTO is requesting funding from a wonderful website called My Home Town Helper. This is sponsored by Hamburger Helper and they give away thousands of dollars to small town community and school projects. All we have to do is write comments on how their funding can help realize the needs of our schools. We have a project page that asks for help buying smart boards for our Middle/High School. You can read this and add your own comments to help us "win" the award! The address is: www.myhometownhelper.com/ViewProject.aspx?tell=2&id=9831

If you have any questions, contact a PTO member for more information or assistance. Thank you everyone! Southland PTO

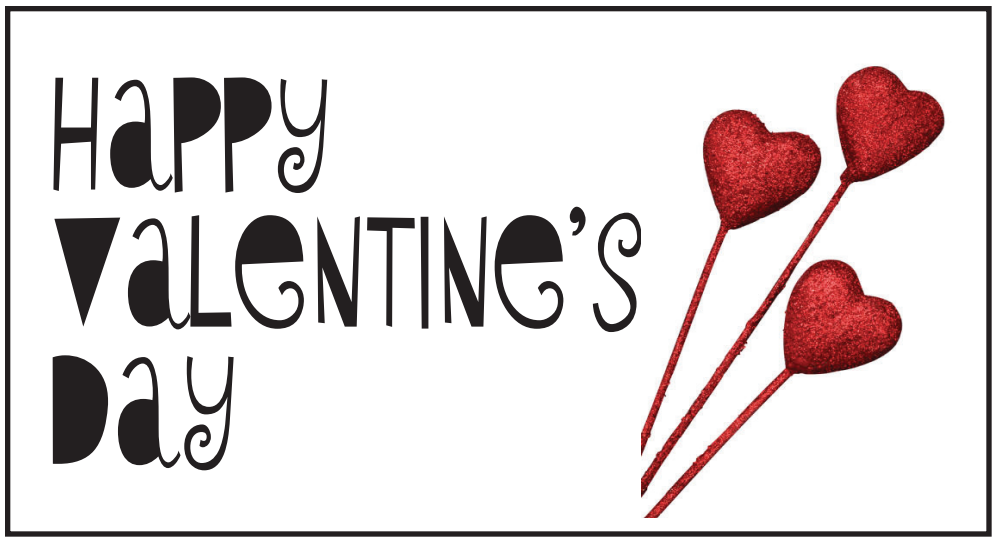
## Alumni information needed for Southland District Website

The Southland Web Design Class is currently working on developing the alumni section of the district website.

Alumni includes those people who graduated from Adams, Elkton, Rose Creek and Southland.

Suggested information to submit would be education, occupation, family, hobbies, email and any other information that you would like to see included.

Please contact Janet Stephenson at jstephenson@isd500.k12.mn.us to submit information or for any questions. The district website address is: www.isd500.k12.mn.us.




## Southland and Sacred Heart students compete in district spelling bee

The 5-8 grade students at Sacred Heart and Southland recently competed to determine who would continue on to the 2007 District Spelling Bee. The students were given a written test on January 8, 2007. The top three in each grade from Sacred Heart and Southland advanced to the District Bee, which was held on January 15, 2007 at 1:00 in the media center conference room. The following people were awarded certificates of participation:

From Sacred Heart:
5th graders: Paxton Gray, Chessa Goergen, Trent Reinartz
6th graders: Devilin Graves, Michael Fasbender, Julia Heimer
7th graders: Angelica Graves, Kelly Gray, Alex Pitzen
8th graders: Thomas Sheely, Lee Kloeckner, Morgan Miller

From Southland:
5th grade: Tess Landherr, Eric Gerber, Raven Fett
6th grade: Cabernett Lane, Jacklyn Freund, Morgan Miller
7th grade: Breanne Vogel, Hannah Hamilton, Micayla Huntley, Jordan Heimer
8th grade: Brandi Schammel and Logan Vlasaty

During the District Spelling Bee, students were called up one at a time and had to correctly spell an orally given word. It went a total of 21 rounds, with Michael Fasbender coming out on top! Second place went to Jordan Heimer and third place to Brandi Schammel. Michael will compete in the Regional Spelling Bee, which will be held February 20, 2007 in Rochester. Congratulations to all of the participants!

**Winners of the District Spelling Bee were Jordan Heimer, second place; Brandi Schammel, third place; and Michael Fasbender, first place.**

## Thoughts to ponder

Can you cry under water?

How important does a person have to be before they are considered assassinated instead of just murdered?

Why do you have to "put your two cents in".. . but it's only a "penny for your thoughts"? Where's that extra penny going to?

Once you're in heaven, do you get stuck wearing the clothes you were buried in for eternity?

Why does a round pizza come in a square box?

What disease did cured ham actually have?

How is it that we put man on the moon before we figured out it would be a good idea to put wheels on luggage?

Why is it that people say they "slept like a baby" when babies wake up like every two hours?

Why are you IN a movie, but you're ON TV?

Why do people pay to go up tall buildings and then put money in binoculars to look at things on the ground?

Can a hearse carrying a corpse drive in the carpool lane?

If the professor on Gilligan's Island can make a radio out of a coconut, why can't he fix a hole in a boat?

If Wiley E. Coyote had enough money to buy all that ACME stuff, why didn't he just buy dinner?

If corn oil is made from corn, and vegetable oil is made from vegetables, what is baby oil made from?

# Handwashing Class

Recently students in grades K-2 at Southland Elementary School viewed a video titled “Handy and his Helpers,” which reviewed the “Why, When, and How” of handwashing.

Following the video, three students were chosen at random to demonstrate handwashing for the class using a special lotion which glows fluorescent when examined with a UV light. After applying the lotion to their hands, students were sent to wash their hands using the technique discussed in class. Afterwards, hands were again examined with the UV light. Hard to reach cracks and crevices, such as fingernail beds and between fingers, still glowed, demonstating how careful handwashing is essential for removal of germs from hands.

It is recommended that handwashing should be done for at least 20 seconds, about the time it takes to sing “Twinkle, Twinkle Little Star.” It is especially important to remember to wash hands before touching food, after using the bathroom, after coming in from outside, after you cough or sneeze, and after touching pets and other animals. Also discussed were other good habits to practice in order to lessen the risk of getting sick. They include getting the flu shot or mist, getting a good night’s sleep, eating healthy foods, and covering the nose and mouth when coughing or sneezing and disposing of used tissues promptly.

All of us should practice good handwashing all year, but during cold and flu season, it has been proven to be the single most effective way to avoid illness. Parents are encouraged to practice this habit, and to remind students to do so often, as well. You may want to visit with your child and ask them to show you what they learned in the handwashing class!


# ACT Seminar

*Preparing for the ACT exam improves scores by 2 to 5 points.*

A one-day test preparation seminar will be held at Southland High School on Saturday, March 10, 2007 from 8:30am – 3:30pm.

The cost is $45.
Advance registration is required.
For more information or to register:
Schoolhouse Educational Services
www.schoolhousetutoring.com
mdehn@msn.com
608-787-5636

OR

See Mrs. Schmit for a registration form.

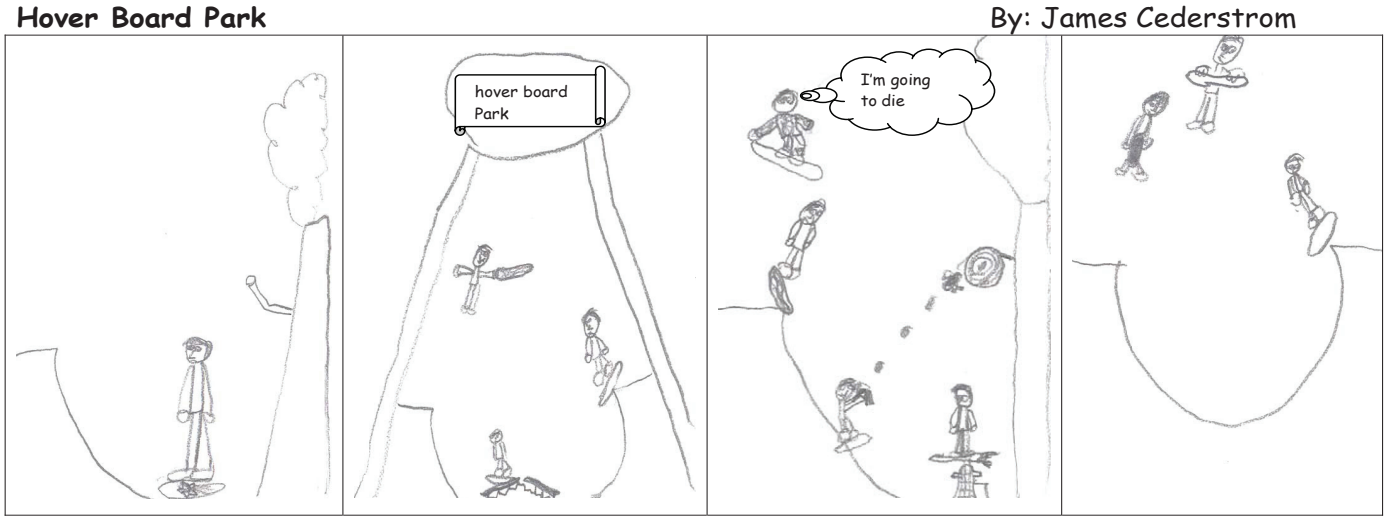
ACT

**ACT PREP**
WHEN: Saturday, March 10
TIME: Approx. 8:30 AM-3:30 PM
WHERE: Southland High School
WHO: High School Juniors from Southland, LeRoy-Ostrander & Grand Meadow
COST: $45
Register with Mrs. Schmit.

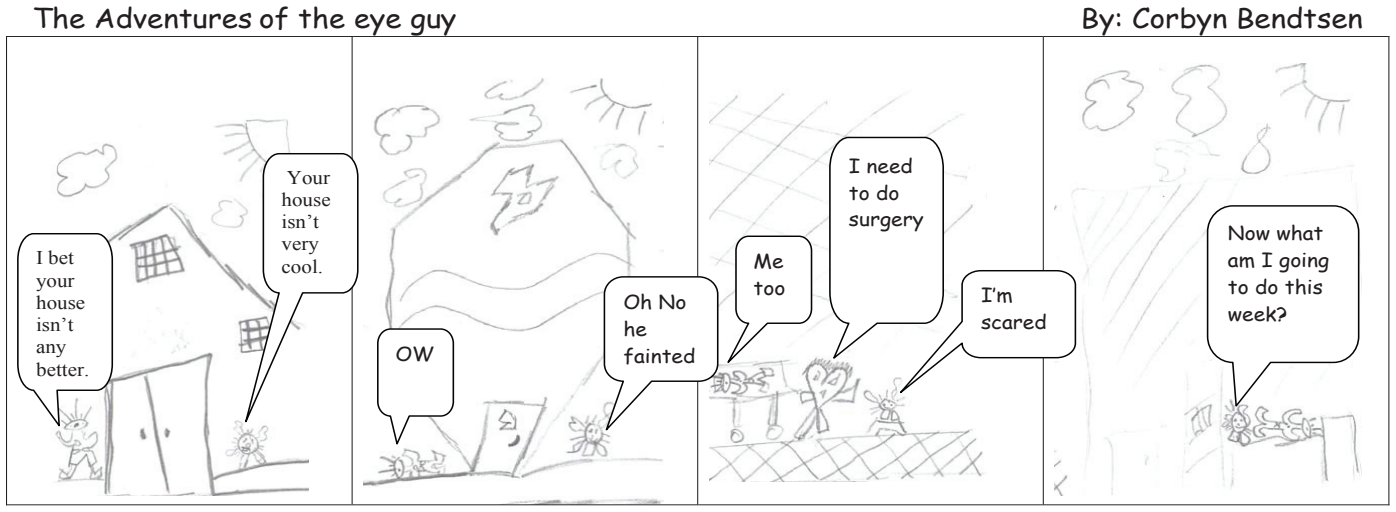

# Fourth and fifth grade students create comic strips

Fourth and Fifth grade writers have been busy developing a character and comic strip to bring voice into their writing. With the help of Mrs. Freund and technology the comics were scanned into the computer where students added titles, speech bubbles and their name. Samples will be published in the Rebel Talk throughout the end of the year.

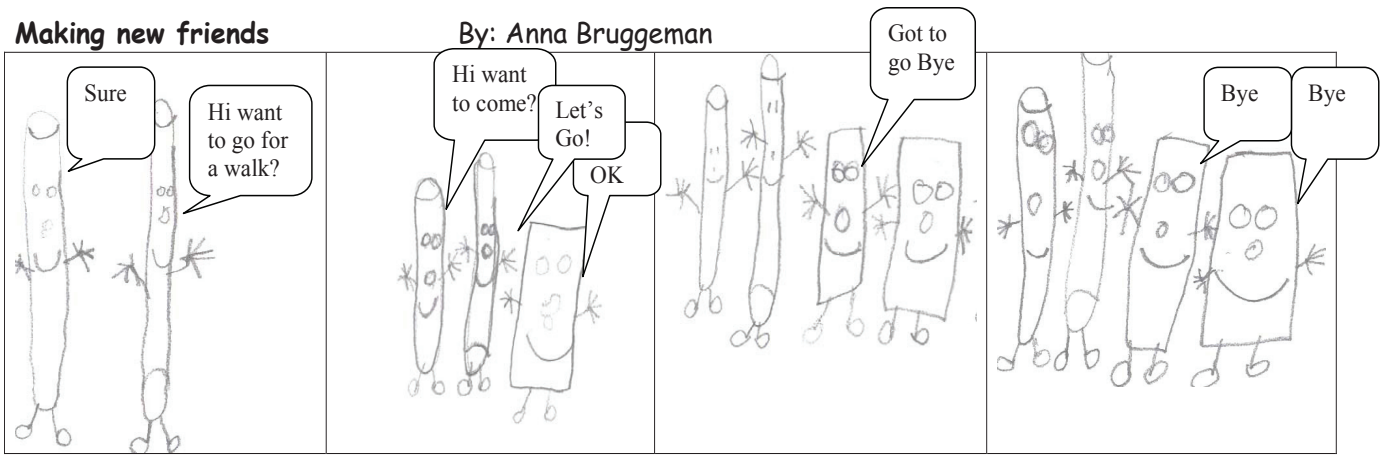
**Hover Board Park** By: James Cederstrom



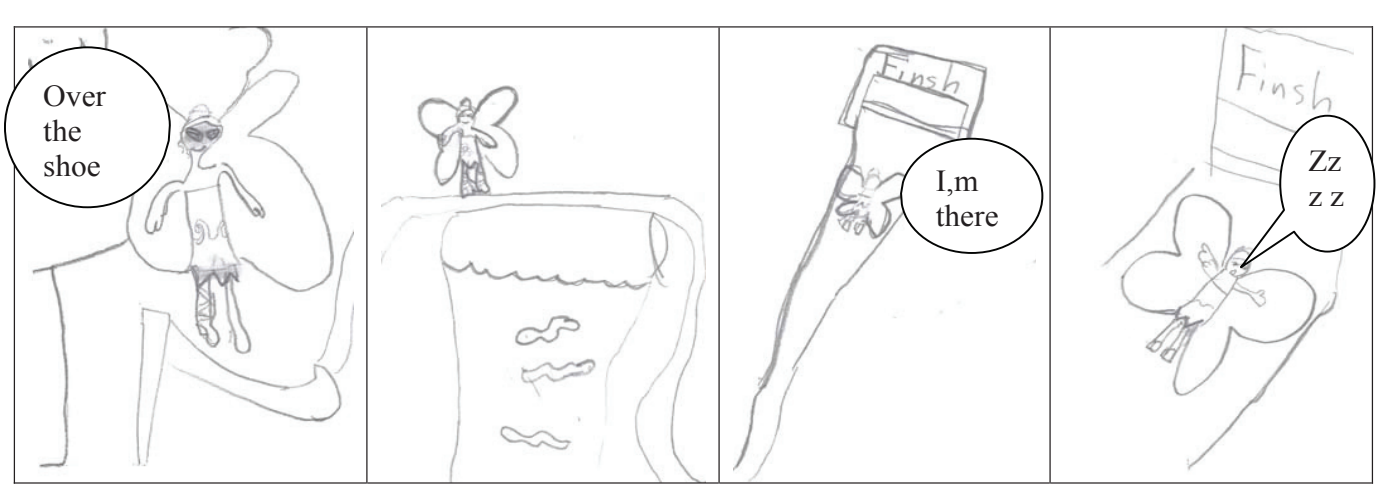

The Adventures of the eye guy By: Corbyn Bendtsen



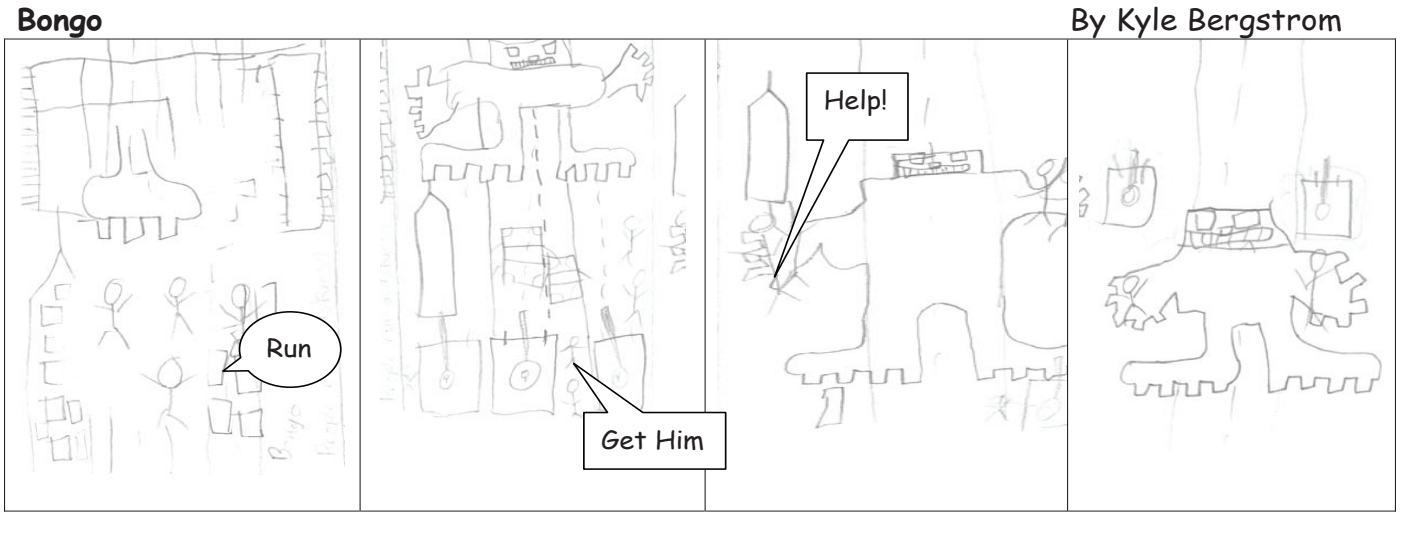

**Making new friends** By: Anna Bruggeman




**The race z z z** **by: Ashley Brown**




**Bongo** By Kyle Bergstrom



# February 2007 Schedule of Events

**This schedule is current through January 17, 2007. For an up-to-date schedule, please log-on to the district web-site at www.isd500.k12.mn.us and click on the link "Event Calendar"**

**Thursday, Feb 1, 2007**
Basketball: Boys 8 Game 4:30PM Rushford-Peterson Southland Elementary
Basketball: Boys 9 Game 5:00PM Rushford-Peterson Southland High School
Basketball: Boys 7 Game 5:30PM Rushford-Peterson Southland Elementary
Elementary Gym Closed 5:30PM Rose Creek Elementary Gym
Basketball: Boys B Game 6:15PM Rushford-Peterson Southland High School
Basketball: Boys Varsity Game 7:30PM Rushford-Peterson Southland High School
**Friday, Feb 2, 2007**
Basketball: Girls 8 Game 4:30PM Away vs. Rushford-Peterson - Played in Peterson
Basketball: Girls 9 Game 5:00PM Away vs. Rushford-Peterson
Basketball: Girls 7 Game 5:30PM Away vs. Rushford-Peterson - Played in Peterson
Community Ed Scrapbooking 6:00PM Rose Creek Elementary Gym
Basketball: Girls B Game 6:15PM Away vs. Rushford-Peterson
Basketball: Girls Varsity Game 7:30PM Away vs. Rushford-Peterson
Wrestling: Varsity Match 7:30PM Caledonia Area Public Schools Southland High
**Saturday, Feb 3, 2007**
Adult VB Tournament 8:00AM High School Gym
Wrestling: Varsity Tournament 10:00AM Away vs. Zumbrota-Mazeppa
Girls Basketball Shoot Around 10:30AM High School Gym
3rd & 4th gr. Travelers BB 12:00PM Rose Creek Elementary Gym
**Sunday, Feb 4, 2007**
Volleyball Club 4:00PM High School Gym Grades 5-12
**Monday, Feb 5, 2007**
Travelers Basketball 5:00PM Rose Creek Elementary Gym
Cheerleading Practice 6:00PM All-Purpose Room
4-H 6:30PM Rose Creek Elementary
Community Education 6:30PM Rose Creek Elementary Gym
Community Ed Adult Co-ed Volleyball 6:45PM High School Auditorium
High School Recital 7:00PM HS Media Center
**Tuesday, Feb 6, 2007**
BST-Math Retest 8:30AM Computer Room
Wrestling: Varsity Triangular 5:30PM United South Central, Manly, IA Southland
**Wednesday, Feb 7, 2007**
BST-Math Retest-Make up 8:30AM Computer Room
Travelers Basketball 5:00PM Rose Creek Elementary Gym
Community Education 6:30PM Rose Creek Elementary Gym
**Thursday, Feb 8, 2007**
BST-Reading retest 8:30AM Computer Room
Elementary Gym Closed 5:30PM Rose Creek Elementary Gym
Wrestling: B Match 6:15PM Away vs. Lewiston-Altura/Rushford
Wrestling: Varsity Match 7:30PM Away vs. Lewiston-Altura/Rushford-Peterson
**Friday, Feb 9, 2007**
BST-Reading retest make up 8:30AM Computer Room
Basketball: Boys 8 Game 4:30PM Away vs. Kingsland - Game in Wykoff
Basketball: Girls 8 Game 4:30PM Kingsland Southland Elementary (Rose Creek)
Basketball: Boys 9 Game 5:00PM Away vs. Kingsland Kingsland High School
Basketball: Girls 9 Game 5:00PM Kingsland Southland High School
Basketball: Boys 7 Game 5:30PM Away vs. Kingsland - Games played in Wykoff
Basketball: Girls 7 Game 5:30PM Kingsland Southland Elementary (Rose Creek)
Basketball: Boys B Game 6:15PM Away vs. Kingsland Kingsland High School
Basketball: Girls B Game 6:15PM Kingsland Southland High School
Basketball: Boys Varsity Game 7:30PM Away vs. Kingsland Kingsland High School
Basketball: Girls Varsity Game 7:30PM Kingsland Southland High School
Family Fun Night 7:30PM Rose Creek Elementary Gym
**Saturday, Feb 10, 2007**
Girl Scouts 9:00AM Rose Creek Elementary Library
Wrestling: B Tournament 9:00AM Away vs. Plainview-Elgin-Millville Plainview
Girls Basketball Shoot Around 10:30AM High School Gym
3rd & 4th gr. Travelers BB 12:00PM Rose Creek Elementary Gym
**Sunday, Feb 11, 2007**
Volleyball Club 4:00PM High School Gym Grades 5-12
**Monday, Feb 12, 2007**
Basketball: Boys 8 Game 4:30PM Fillmore Central Southland Elementary
Basketball: Boys 9 Game 5:00PM Fillmore Central Southland High School
Travelers Basketball 5:00PM Rose Creek Elementary Gym
Basketball: Boys 7 Game 5:30PM Fillmore Central Southland Elementary
Cheerleading Practice 6:00PM All-Purpose Room
Basketball: Boys B Game 6:15PM Fillmore Central Southland High School
Community Education 6:30PM Rose Creek Elementary Gym
Community Ed Adult Co-ed Volleyball 6:45PM High School Auditorium
Basketball: Boys Varsity Game 7:30PM Fillmore Central Southland High School
**Tuesday, Feb 13, 2007**
Basketball: Girls 8 Game 4:30PM Away vs. Fillmore Central - Played in Harmony
Basketball: Girls 7 Game 5:30PM Away vs. Fillmore Central in Preston
Basketball: Girls B Game 6:15PM Away vs. Fillmore Central
Basketball: Girls Varsity Game 7:30PM Away vs. Fillmore Central
**Wednesday, Feb 14, 2007**
Travelers Basketball 5:00PM Rose Creek Elementary Gym
Community Education 6:30PM Rose Creek Elementary Gym
**Thursday, Feb 15, 2007**
Elementary Gym Closed 5:30PM Rose Creek Elementary Gym
**Friday, Feb 16, 2007**
1/2 Day Staff Development 12:30PM HS/MS/Elementary/ECFE Buildings
Students dismissed at 12:30
Basketball: Boys 8 Game 4:30PM Chatfield Southland Elementary (Rose Creek)
Basketball: Girls 8 Game 4:30PM Away vs. Chatfield Chatfield Elem. School
Basketball: Boys 9 Game 5:00PM Chatfield Southland High School
Basketball: Boys 7 Game 5:30PM Chatfield Southland Elementary (Rose Creek)
Basketball: Girls 7 Game 5:30PM Away vs. Chatfield Chatfield Elem. School
Basketball: Boys B Game 6:15PM Chatfield Southland High School
Basketball: Girls B Game 6:15PM Away vs. Chatfield Chatfield High School
Basketball: Boys Varsity Game 7:30PM Chatfield Southland High School
Basketball: Girls Varsity Game 7:30PM Away vs. Chatfield Chatfield High School
**Saturday, Feb 17, 2007**
Girls Basketball Shoot Around 10:30AM High School Gym
3rd & 4th gr. Travelers BB 12:00PM Rose Creek Elementary Gym
**Sunday, Feb 18, 2007**
Volleyball Club 4:00PM High School Gym Grades 5-12
**Monday, Feb 19, 2007**
Presidents Day-No School HS/MS/Elementary/ECFE Buildings
Travelers Basketball 5:00PM Rose Creek Elementary Gym
Community Education 6:30PM Rose Creek Elementary Gym
**Tuesday, Feb 20, 2007**
Basketball: Boys 9 Game 5:00PM Caledonia Area Public Schools Game at Adams
Basketball: Boys 8 Game 5:00PM Caledonia Area Public Schools
Basketball: Boys 7 Game 6:00PM Caledonia Area Public Schools
Basketball: Boys B Game 6:15PM Caledonia Area Public Schools - Game at Adams
School Board Meeting 6:30PM Media Center Conference Room
Basketball: Boys Varsity Game 7:30PM Caledonia Area Public Schools
**Wednesday, Feb 21, 2007**
Travelers Basketball 5:00PM Rose Creek Elementary Gym
Community Education 6:30PM Rose Creek Elementary Gym
**Thursday, Feb 22, 2007**
Basketball: Boys 8 Game 4:30PM Away vs. Rushford-Peterson - played in Peterson
Basketball: Boys 9 Game 5:00PM Away vs. Rushford-Peterson
Basketball: Boys 7 Game 5:30PM Away vs. Rushford-Peterson - played in Peterson
Elementary Gym Closed 5:30PM Rose Creek Elementary Gym
Basketball: Boys B Game 6:15PM Away vs. Rushford-Peterson
Basketball: Boys Varsity Game 7:30PM Away vs. Rushford-Peterson
**Sunday, Feb 25, 2007**
Volleyball Club 4:00PM High School Gym Grades 5-12
**Monday, Feb 26, 2007**
Show Choir Rehearsal 3:00PM High School Auditorium
Travelers Basketball 5:00PM Rose Creek Elementary Gym
Cheerleading Practice 6:00PM All-Purpose Room
Community Education 6:30PM Rose Creek Elementary Gym
Community Ed Adult Co-ed Volleyball 6:45PM High School Auditorium
**Tuesday, Feb 27, 2007**
Show Choir Rehearsal 3:00PM High School Auditorium
**Wednesday, Feb 28, 2007**
Show Choir Rehearsal 3:00PM High School Auditorium
Travelers Basketball 5:00PM Rose Creek Elementary Gym

## The Rebel Talk

The Rebel Talk is a monthly publication of the Southland School District. All comments or suggestions should be directed to Janet Stephenson, Editor, at **jstephenson@isd500.k12.mn.us or 507-582-3568.**
You may also view the Rebel Talk online by logging onto the Southland School District Website at www.isd500.k12.mn.us and clicking on the **Rebel Talk** link.